



Department of Veterans Affairs Readjustment Counseling Services

CONNECTION, CAMARADERIE, COMMUNITY

Services provided at the Vet Center:

Readjustment counseling is a wide range of psycho social services offered to eligible Veterans, Service members, and their families in the effort to make a successful transition from military to civilian life. They include:

- Individual and group counseling for Veterans, Service members, and their families
- Family counseling for military related issues
- Bereavement counseling for families who experience an active duty death
- Military sexual trauma counseling and referral
- Outreach and education including PDHRA, community events, etc.
- Substance abuse assessment and referral
- Employment assessment & referral
- VBA benefits explanation and referral
- Screening & referral for medical issues including TBI, depression, etc.

Eligibility

Any Veterans and active duty Service members, to include members of the National Guard and Reserve components, who:

- Have served on active military duty in any combat theater or area of hostility*
- Experienced a military sexual trauma;
- Provided direct emergent medical care or mortuary services, while serving on active military duty, to the casualties of war, or;
- Served as a member of an unmanned aerial vehicle crew that provided direct support to operations in a combat zone or area of hostility.
- Vietnam Era veterans who have accessed care at a Vet Center prior to January 1, 2004
- Current or former members of the Coast Guard who participated in a drug interdiction operation or civil disorder in the state
- Current member of the Reserve Components assigned to a military command in a drilling status, including active Reserves, who has a behavioral health condition or psychological trauma related to military service that adversely effects quality of life or adjustment to civilian life.
- Any Veteran or service member pursuing a course of education using covered educational assistance benefits is eligible if they have a readjustment counseling need that is related to the individual's military service and hinders the individual's adjustment to either their civilian life, ongoing military service, or educational settings.

Families

Vet Center services are also provided to family members of Veterans and Service members for military related issues when it is found aid in the readjustment of those that have served. This includes bereavement counseling for families who experience an active duty death.

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National Suicide Hotline:
1-800-273-8255

Vet Center Call Center:
1-877-927-8387

Bereavement Counseling:
(202)-451-6530



For nearest location see the back or visit:

Counseling Services are Confidential and Private

Regional Vet Centers

MARYLAND

Annapolis Vet Center
100 Annapolis Street
Annapolis, MD 21401
(410)605-7826

Baltimore Vet Center
1777 Reisterstown Rd. Suite #199
Baltimore, MD 21208
(410) 764-9400

Dundalk Vet Center
1553 Merritt Blvd.
Dundalk, MD 21222
410-282-6144

Elkton Vet Center
103 Chesapeake Blvd. Suite A
Upper Chesapeake Corporate Center
Elkton, MD 21921
(410) 392-4485

Prince Georges County Vet Center
7905 Malcolm Road, suite 101
Clinton, MD 20735
(301) 856-3943

Silver Spring Vet Center
2900 Linden Lane Suite 100
Silver Spring, MD 20910
(301) 589-1073

DISTRICT OF COLUMBIA

DC Vet Center
1296 Upshur Street, NW
Washington, DC 20011
(202)-726-5212

ALEXANDRIA VA

Alexandria Vet Center
6940 S Kings Hwy, Ste 204
Alexandria, VA 22310
(703)360-8633